



A breath of fresh air...

...Green Chain Walking Festival

15th to 23rd September 2007

Free Programme available from Libraries

Organised by the SE London Green Chain and partners

The Green Chain runs from Crystal Palace to Erith and the Thames Barrier to Chislehurst, with 40 miles of footpaths linking 300 open spaces in South East London

Festival Hotline

07984 186824

festival@greenchain.com





Green Chain Information Line




020 8921 5028

www.greenchain.com





Seltrans
South East London Transport Strategy





Welcome to the Green Chain Walking Festival ~ 15 – 23 September 2007 ~ Programme of Events




TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Throughout the Festival						
Activity 	Enter the Green Chain Digital Photo Competition	Any time	Free	Mark Budd The SE London Green Chain 020 8921 5876	Grab a camera and snap some unusual scenes on the Green Chain route or at any of its 300 open spaces. Send us a digital photograph and you may win one of our fantastic prizes.	See www.greenchain.com notice board for full details of the Digital Photo Competition or call Mark Budd on 020 8921 5876 for more info.
Saturday 15 September						
Walk and Talk 	Wild Woodlands and Castles Walk from Falconwood to Severndroog Castle in Oxleas Woods, Shooters Hill	10.00 – 12.00	Free	Mary O'Sullivan London Wildlife Trust Greenwich Group/Greenwich Nature Conservation Society Contact via Sue Webber on the Festival Hotline 07984 186824	Find out more about nature conservation and ecology on the Green Chain on this linear walk led by the Greenwich Group of The London Wildlife Trust through the Shooters Hill Woodlands, learning about ancient woodlands, and finishing at Severndroog Castle which will be open for public tours as part of London Open House Weekend. Walk of up to 2 hours, approx. 1.5 miles, for all ages and abilities but with one steep slope, and some muddy paths if wet. Stout footwear advised, not likely to be suitable for buggies or wheelchairs. Bring a drink for the walk. Toilets and refreshments available at the start, after 1 mile, and back at Oxleas Café at the end. Dogs on leads permitted, but not allowed inside the Castle or the Café.	Meet at 10.00 at Falconwood Station in Rochester Way near Riefield Road. Rail: Falconwood Buses: B15 from Eltham or Joydens Wood, or B16 from Bexleyheath or Kidbrooke Finish: Severndroog Castle, Castle Wood, off Shooters Hill Buses: 89 to Welling or Blackheath Stations, 486 to Bexleyheath or North Greenwich, or 244 to Woolwich or Abbey Wood, all in Shooters Hill.
Activity 	Conservation Work in Oxleas Woodlands, Shooters Hill	10.00 – 13.00	Free	Laurie Baker Shooters Hill Woodlands Working Party Rangers Office 020 8319 4253	Join in the monthly volunteer workday for conservation in Oxleas Woodlands, and help keep this area of ancient woodland in prime condition. Varied tasks will be undertaken on the day, all tools and protective clothing will be provided but wear old clothes and stout footwear. Some uneven and muddy paths and slopes, not fully accessible, no under 16s or dogs please. Bring a drink, refreshments and toilets available at the Café at the start and finish.	Meet at 10.00 outside the Café at Oxleas Meadows, Crown Woods, off Shooters Hill near the Bull PH Rail: Falconwood (15 mins walk) Buses: 89, 244, 486 to Bull PH in Shooters Hill, or B16 to Rochester Way.
Walk 	Walk to the Festival Launch from Woolwich Dockyard to Charlton House	11.00 – 12.00	Free	Mark Budd The SE London Green Chain 020 8921 5876 www.greenchain.com	Enjoy a stroll from Woolwich Dockyard via Maryon Park to Charlton House and be part of the Festival Launch with your FREE Step Counter. 2-3 mile walk of up to 1 hour, sturdy footwear advised. Suitable for all ages and abilities, but some steep slopes, steps, gates and busy roads to cross. Bring a drink for the walk. Refreshments and toilets available at the Launch. Dogs on leads permitted.	Meet at 10.30 by Woolwich Dockyard Station Rail: Woolwich Dockyard Buses: 161, 177, 180, 472 or 380 Finish: Charlton House, The Village/Hornfair Road, Charlton SE7 8RE Buses: 53, 54, 380, 422, 486 Rail: Charlton (15 mins walk)

TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Saturday 15 September cont.						
Walk 	Walk to the Festival Launch from Oxleas Woods to Charlton House	10.30 – 11.45	Free	Jenny Budd Lewisham Healthy Walks 020 7188 2838	Join in this guided local walk to Charlton House from Oxleas Woods and be part of the Festival Launch with your FREE Step Counter. Brisk 3.25 mile walk of up to 75 minutes. Sturdy footwear advisable. Refreshments and toilets available at the start and finish. For all ages and abilities, but some muddy paths and uneven surfaces, so not likely to be suitable for buggies and wheelchairs. Bring a drink for the walk. Dogs on leads permitted.	Meet at 10.30 at the Café in Oxleas Meadows, off Shooters Hill via Crown Woods. Buses: 89, 486 and 244 to Shooters Hill. Finish: Charlton House, The Village/Hornfair Road, Charlton Buses: 53, 54, 380, 422, 486 Rail: Charlton (15 mins walk)
FESTIVAL LAUNCH Activity 	GREEN CHAIN WALKING FESTIVAL LAUNCH at Charlton House	12.00 – 13.30	Free	Mark Budd The SE London Green Chain 020 8921 5876 www.greenchain.com	Come along to South London's splendid Grade 1-listed Jacobean manor houses for the Green Chain Walking Festival Launch. Collect your free step counter and other goodies, find out about the many opportunities for walking on the Green Chain, pick up some maps, and meet your local walking folk. Then take the chance to explore this amazing 400 year old building and its attractive park. For all the family. Toilets and refreshments available on site. Fully accessible for all users. Dogs not permitted in the House or the Tea Rooms.	Charlton House, Charlton Road/The Village, Charlton SE7 8RE Buses: 53, 54, 380, 422, 486 to Charlton Village Rail: Charlton Station (15 mins walk uphill)
Walk 	Charlton House to Severndroog Castle Walk to celebrate the Festival Launch and Open House Weekend	13.30 – 14.30	Free	Mark Budd The SE London Green Chain 020 8921 5876 www.greenchain.com	Continue from the Festival Launch on this brisk 3 mile walk of 1 hour back to Severndroog Castle, and try out your free step counter! Sturdy footwear advised. Refreshments and toilets available at the start and finish. For all ages and abilities, but some uneven surfaces and muddy paths, so not likely to be suitable for buggies and wheelchairs. Bring a drink for the walk. Dogs on leads permitted.	Meet at 13.30 outside Charlton House Charlton Road/The Village, Charlton SE7 8RE ~ details as above. Finish at Severndroog Castle, Castle Wood, Shooters Hill SE18 ~ details as below
Walk and Visit 	Visit Severndroog Castle in Castle Wood, Shooters Hill	10.00 – 16.00 (last entry at 15.30)	Free	Barry Gray Severndroog Castle Building Preservation Trust Contact via Mark Budd on 020 8921 5876 www.severndroogcastle.org.uk	Follow the Green Chain Walk to Severndroog Castle for a rare opportunity to see inside this unique building as part of London Open House Weekend. (Tours on first come basis, and may be subject to queues for health and safety reasons). Enjoy the magnificent views from the rooftop viewing gallery and discover the history of this hidden treasure. Refreshments and souvenirs available, and toilets on site. Not likely to be fully accessible. No dogs allowed in the Castle.	Severndroog Castle, Castle Wood, Shooters Hill SE18 Access via Stoney Alley from Shooters Hill or via Castlewood Drive off Well Hall Road. Buses: 89, 244, 486 to Shooters Hill, or 122, 161 to Well Hall Road, or B16 to Westmount Road/Rochester Way NB Also open SUN 16th Sept from 10.00 to 16.00 for London Open House Weekend




TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Saturday 15 September cont.						
Walk and Talk 	Story Walk from Oxleas Meadows to Woodlands Farm, Shooters Hill	14.00 – 15.30	Free	Rich Sylvester J.I.G.S.A.W (Journey into Green Space and Waterways) 07833 538143	Discover the History and Wildlife on your doorstep! Hear Strange Tales of the Woods and Farm with local guide and storyteller Rich Sylvester. A 90 minute 2.5 mile 'story walk' on the Green Chain between Oxleas Meadows and Woodlands Farm suitable for adults and children 10 years and over. Some busy roads, uneven surfaces and muddy paths, with frequent stops to hear stories about the landscape, history and wildlife of the area. Refreshments and toilet facilities available at the start in the Café in Oxleas Meadow and the end at Woodlands Farm. Dogs on leads permitted.	Meet Rich at 14.00 at the Café in Oxleas Meadows off Shooters Hill via Crown Woods. Buses: 89, 486 and 244 to Shooters Hill. Finish at Woodlands Farm Café, Shooters Hill Buses: : 89, 486 and 244 to Shooters Hill
Walk and Talk 	Friends of Avery Hill Interest Walk in Eltham	14.30 – 16.30	Free	Bee Twidale Friends of Avery Hill Park Festival Hotline 07984 186824	Find out interesting and amazing facts about Avery Hill Park ~ the Cradle of Sport, the Winter Garden and visit the Library in the University. Circular led walk and talk of 3 miles lasting approx 1.5 – 2 hours. Bring a drink for the walk. Suitable for all ages and abilities. Toilets at the start and finish. Refreshments available at the Park Café.	Meet at 14.30 at the Avery Hill Park Winter Gardens, Bexley Rd SE9 2UG at the south west corner of the University Mansion site. Just look for the dome with the statue of Mercury on top. Finish: The Park Café. Buses: 132, 162, 286, B13 Rail: Falconwood (then walk)
Talk 	Discover the Thames Barrier Information and Learning Centre, in Woolwich	14.30 – 16.00	Free	Jane Rowson Thames Barrier Information and Learning Centre 020 8305 4188	Join us for a free 45 minute talk and entrance to the Thames Barrier Information and Learning Centre to celebrate the Green Chain Walking Festival and London Open House Weekend. Fully accessible building with Café serving snacks and meals, play area and toilets on site. Suitable for ages 6 years upwards.	Any time between 14.30 – 16.00 at The Thames Barrier Information and Learning Centre at 1 Unity Way, (off Eastmoor Street, north of Woolwich Road) Woolwich SE18 5NJ Buses: 161, 177, 180, 472 in Woolwich Road Rail: Charlton/Woolwich Dockyard (then walk)
Walk and Talk 	Story Walk at Woodlands Farm in Shooters Hill	15.30 – 17.00	Free	Rich Sylvester J.I.G.S.A.W (Journey into Green Space and Waterways) 07833 538143	Storyteller Rich Sylvester will share stories about the amazing history of the farm as you walk back in time and look at this pearl of the Green Chain. A 60 minute 2 mile 'story walk' around the farm area suitable for adults and children 10 years and over. Some uneven surfaces and muddy paths, with frequent stops to hear stories about the landscape, history and wildlife of the area. Refreshments and toilet facilities are available at Woodlands Farm. Dogs on leads permitted.	Meet Rich at 15.30 at the Café in Woodlands Farm at 331 Shooters Hill Buses: 89, 486 and 244 to Shooters Hill. Finish at the Café in Woodlands Farm, or walk back to Oxleas Meadows Café, off Shooters Hill via Crown Woods.






TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Sunday 16 September						
Walk and Talk 	Ian's Crystal Palace to The Thames Barrier Mega Walk	09.30 – 16.00	Free	Ian Bull 020 7223 3572	<p>Join Ian for a long walk from the most westerly point of the Chain to the indefatigable Thames Barrier, whose visitor centre will be open without charge as part of 'London Open House' day. From the ancient woodlands of Beckenham Place Park and Oxleas Woods to the manicured verdancy of Maryon Park, we will progress through a great variety of beautiful landscapes and vistas.</p> <p>This walk features wonderful views over west London and, if time permits, the possibility of ascending the Gothic wonder that is Severndroog Castle.</p> <p>WALK OF 6.5 HOURS covering 17 MILES. A long and strenuous walk, and not suitable for under 14s, wheelchairs or pushchairs due to steps, steep slopes, uneven/muddy paths and gates. Stout waterproof footwear and double lined socks are recommended to prevent blisters.</p> <p>Bring drinks and lunch – shops on route to restock until Shooters Hill at 12 miles, then nothing till the end at the Thames Barrier Information Centre Cafe. Public toilets at start and three points on the walk.</p> <p>Dogs on leads permitted, but must be kept on leads in Maryon Wilson Park due to the presence of timid animals.</p>	<p>Meet at 9.30 at the bus terminal at the south end of Crystal Palace Parade outside the small building that houses the Bus Information Centre and the Public Conveniences.</p> <p>Buses: 3, 122, 157, 202, 227, 249, 322, 358, 363, 410, 417, 432, 450 to Crystal Palace.</p> <p>Rail: Crystal Palace</p> <p>Finish: The Thames Barrier Information Centre, Charlton</p> <p>Buses: 161, 177, 180, 472 in Woolwich Road</p> <p>Rail: Charlton or Woolwich Dockyard Stations (then walk)</p> <p>NB The Walk Leader has an excellent knowledge of the area and, if you want to finish early, will direct you to suitable public transport links.</p>
Walk   	Active Bromley Walk-a-thon at Crystal Palace Park	09.45 – 11.00	Free	Sarah McMeckhan Bromley Mytime Active Lifestyles 020 8323 1705 Michael Corrigan 020 8663 6397 Supported by the London Development Agency	<p>Step out and walk your way to health as part of Active Bromley Walk-a-thon. A volunteer walk leader will take you for a circular walk around the historic Crystal Palace Park.</p> <p>The walk is suitable for all ages and abilities but there are some steps and moderate slopes in places. Walk of up to 2 miles, one hour. Suggest comfortable appropriate footwear. Suitable for wheelchairs and pushchairs. Bring a drink for the walk. Café at the Information Centre in the Park, and toilets available at the start and finish. Dogs on leads permitted.</p>	<p>Meet at 9.45 at the One O'Clock Club in Crystal Palace Park near the Sydenham Entrance off Crystal Palace Park Road and register with the Walk Leader.</p> <p>Rail: Penge West or Crystal Palace (5-10 min walk)</p> <p>Buses: 157, 410, 358, 227, 450, 122, 202, 363, 432, 417, 249</p>






TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Sunday 16 September cont.						
Walk and Visit 	Visit Charlton House and Charlton Park for London Open House Weekend	10.00 – 16.00	Free	Edward Schofield Manager, Charlton House 020 8856 3951	<p>Follow the Green Chain Walk to Charlton House for a great opportunity to find out more about this iconic Grade 1-listed Jacobean manor house as part of London Open House Weekend. Join one of the free guided tours, try out the Tea Rooms, then take a wander around the equally attractive Charlton Park and discover the Peace Garden.</p> <p>Enjoy the magnificent original oak staircase and plasterwork ceilings and discover the history of this hidden treasure, celebrating its 400th anniversary during 2007 with a programme of special events. Refreshments and toilets are available on site. Fully accessible. No dogs in the House please.</p>	Charlton House, Charlton Road/The Village, Charlton SE7 8RE Buses: 53, 54, 380, 422, 486 to Charlton Village Rail: Charlton Station (15 mins walk uphill) NB Free Concert on Friday 21 September In association with Trinity College of Music, from 1pm to 2pm in the beautiful setting of the Old Library. Another chance to see one of the best examples of Jacobean domestic architecture in the country.
Walk and Talk 	Active Bromley Walk-a-thon at High Elms Country Park	10.00 – 15.00	Free	Sarah McMeckhan Bromley Mytime Active Lifestyles 020 8323 1705	<p>Come along and discover High Elms Country Park as part of Active Bromley Walk-a-thon. Register at the Golf Club and take a self-guided circular walk around the marked nature trail or join in with the Countryside and Parks officer at 12.30 for a led wildlife walk. Suitable for all ages and abilities but some muddy paths, steps and steep slopes in places, plus one busy road to cross.</p> <p>Trail of 2.25 miles (shorter route available) taking 1 to 2 hours. Stout footwear advisable. Supervised dogs on leads permitted. Bring a drink for the walk, toilet facilities and refreshments are available to buy at High Elms Golf Club.</p>	Just turn up any time between 10.00 and 15.00 at High Elms Golf Club, High Elms Road. Meet at 12.30 outside the Golf Club for the led wildlife walk. Rail: Orpington Buses: R1, R11, 358, 261 to Farnborough No buses on Sunday go directly to High Elms. Allow for a 15-20 minute walk from Farnborough ~ call Sarah for further directions if needed.
Walk and Talk  	Greenwich Mind Sponsored Walk from Avery Hill Park to Maryon Wilson Park	10.30 – 13.30	Sponsor Forms from Mind or donation please	Maureen Robertson Greenwich Mind 020 8853 2395 Sponsor forms and information on Greenwich Mind Services can be obtained from Greenwich Mind at 54 Ormiston Rd, Greenwich SE10 0LN	<p>Support Greenwich Mind in their sponsored walk on the Green Chain. You don't have to be a regular walker and you can do as little or as much as you like, but come and enjoy the fresh air and the company, find out about the work of Mind, and help raise funds for this valuable local charity.</p> <p>Walk of up to 3 hours, up to 5 miles, for all ages and abilities, but some muddy or uneven paths, slopes and steps, so not all suitable for buggies or wheelchairs. Bring a drink for the walk, toilets and refreshments available at the start, in Oxleas Meadows and at Charlton Park. Dogs on leads ok.</p>	Meet at 10.30 at the University of Greenwich Mansion Site, Avery Hill Park, off Bexley Road Eltham SE9 (call Mind for more info) Buses: 132, 162, 286, B13 Rail: Falconwood (then 15 mins walk) Finish: Maryon Wilson Park, Charlton Rail: Charlton (10 mins walk) Buses: 53, 54, 422, 486, 380





TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Sunday 16 September cont.						
Walk and Talk 	A Circular Walk Around Eltham Parks North and South	11.00 – 12.30	Free	Terry Powley Chair, Friends of Eltham Parks North and South via Festival Hotline 07984 186824	Join the Friends of Eltham Parks North and South and find out where the Lido used to be, and where Long Pond still is! Experience the hidden treasures of Eltham Parks North and South in an informative 1.5 hour circular walkabout of 2 miles. Sturdy footwear advised. Suitable for all ages and abilities. Bring a drink, toilets available at the start and end of the walk. Dogs on leads permitted.	Meet at 11.00 by the Tennis Courts in Eltham Park South, off Glenesk Road SE9. Buses: 286, 132, 162, B16 Rail: Eltham or Falconwood Stations (then walk)
Walk, Talk and Activity 	Discover 'The Railway Children' in Eltham	11.30 – 12.45	Free	Marion Kennett The Edith Nesbit Society Via Festival Hotline 07984 186824	Discover the home of 'The Railway Children' and hear about the author Edith Nesbit. Cross the moat via a medieval bridge, visit the 16 th century walled garden and delight in the many hidden treasures of this oasis set in the heart of suburbia. A level, easy walk and talk of under one mile lasting 1.25 hours, and suitable for all ages and abilities. Bring a drink, or refreshments available to buy nearby. Accessible toilets available in the Pleasaunce and Tudor Barn restaurant. No dogs please.	Meet at 11.30 under the railway bridge next to the florist near Eltham Station in Well Hall Road. Buses: 132, 162, 233, and 314 terminate at Eltham Station, or 161 and 286 in Well Hall Rd Rail: Eltham Station
Activity 	Lesnes Abbey Wildflower Enclosure Management in Abbey Wood	12.00 – 15.30	Free	John Cannell Lesnes Abbey Conservation Volunteers (LACV) 020 8317 3748 http://lacv.faelix.net/	Stroll on the Green Chain in Abbey Wood to join Lesnes Abbey Conservation Volunteers maintain an important wildflower enclosure which has been designated as a site of special scientific interest. All tools and safety equipment provided by LACV, old clothes advisable. Find out about local nature trails, history and wildlife in the area, discover the remains of Lesnes Abbey or even sign up as a regular volunteer! Event is suitable for all ages and abilities, but some muddy paths, steps and slopes. Sturdy footwear advised. Take your own drink and packed lunch for the lunch break. Toilets available before and after the task at the Abbey Ruins Information Centre, but none within the woods themselves. No dogs please.	Meet at 12 noon at the Lesnes Abbey Information Centre at the Abbey Ruins Access via the west end of Abbey Road SE2 Rail: Abbey Wood Buses: 229, 469, B11





TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Sunday 16 September cont.						
Walk, Talk and Activity 	Discover East Greenwich Pleasaunce	14.00 – 16.00	Free	Kate Powling Friends of East Greenwich Pleasaunce www.fegp.typepad.com via Festival Hotline 07984 186824	Discover this little known park with a fascinating history. Celebrating its 150 th year, East Greenwich Pleasaunce is a hidden spot many are unaware of. The newly formed Friends group will be on hand to provide an introductory talk and answer questions, and kids can complete a Treasure Hunt to learn more about this very pleasant Pleasaunce! Walk of under 1 mile lasting 45 minutes any time between 14.00 and 16.00. Suitable for all ages and abilities, accessible site, dogs on leads permitted. The Friends will be providing a stall with hot and cold drinks and cakes to buy. Toilets on site.	Come along anytime between 14.00 and 16.00 to the Chevening Road entrance off Woolwich Road. Buses: 129, 177, 180, 286, 422 to Woolwich Road. Rail: Westcombe Park Station (then 5 mins walk) Tube: North Greenwich then 129 or 422 bus to East Greenwich Library then walk up Woolwich Road to Chevening Road.
Walk and Talk 	Palace of Delights Walk and Talk at Crystal Palace	14.00 – 16.00	Free	Adam Scott London Walks for London Walking Weekend Via Festival Hotline 07984 186824	Join Adam for a fascinating tour of Crystal Palace Park and surrounding area, and find out about its history, the railways, its national sporting heritage and the great range of facilities on offer today. Circular walk and talk of up to 2 miles over 2 hours, for all ages and abilities but some slopes and steps likely. Bring a drink for the walk, refreshments and toilets available at the Café at the Information Centre in the Park. Dogs on leads permitted.	Meet at 14.00 outside Crystal Palace Station in Station Road, off Anerley Hill. Rail: Crystal Palace Buses: 157, 249, 358, 410, 432 to Anerley Hill or 3, 122, 157, 202, 227, 322, 358, 363, 410, and 417 to Crystal Palace Parade then walk.
Walk and Talk 	Tales of Tea and The Horniman in Forest Hill	14.00 – 16.00	Free	Karen Pierce-Goulding London Walks for London Walking Weekend Via Festival Hotline 07984 186824	Find out about the wealthy tea merchants who shaped the face of Forest Hill on this walk and talk, and visit the award-winning Horniman Gardens and Museum, soon to be a part of the Green Chain. Linear walk and talk of up to 2 miles over 2 hours, for all ages and abilities but some slopes and steps likely. Bring a drink for the walk, refreshments and toilets available from the Café at the Horniman Museum. Dogs on leads permitted but not allowed in the Museum.	Meet at 14.00 outside Forest Hill Station in Dartmouth Road/Devonshire Road. Rail: Forest Hill Buses: 122, 185, 197, 356, P4 Finish: Horniman Museum, London Road Rail: Forest Hill Station (10 mins walk) Buses: 185, 197, 356, P4, or 122 at Station
Talk 	Discover the Thames Barrier Information and Learning Centre, in Woolwich	14.30 – 16.00	Free	Jane Rowson Thames Barrier Information and Learning Centre 020 8305 4188	Join us for a free 45 minute talk and entrance to the Thames Barrier Information and Learning Centre to celebrate the Green Chain Walking Festival and London Open House Weekend. Fully accessible building with Café serving snacks and meals, play area and toilets on site. Suitable for ages 6 years upwards.	The Thames Barrier Information and Learning Centre at 1 Unity Way, (off Eastmoor Street, north of Woolwich Road) Woolwich SE18 5NJ Buses: 161, 177, 180, 472 in Woolwich Road Rail: Charlton or Woolwich Dockyard (then 15 mins walk)





TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Monday 17 September						
Walk 	Make the Most of Mondays ~ walk for Pleasure, Leisure, Health, Transport or just for fun on SE London's unique Green Chain	Any time	Free Leaflets £3.50 for the full Walks Pack	Mark Budd The SE London Green Chain 020 8921 5876 Sarah Cummings, SELTRANS	Pick up leaflets from libraries and other information points and find out what's on your doorstep! Explore a part of the Green Chain you've not visited before – with signposted walks covering 42 miles and linking around 300 open spaces on the route, there is something for all to enjoy! Get a free copy of the new Circular Walks Pack from Sarah at SELTRANS on 020 8461 7918	See 'Explore the Green Chain' or 'London at your Feet' for example, or get the new FREE Circular Walks Pack from SELTRANS. Check out www.greenchain.com Buy a copy of the full Green Chain Walks Pack for £3.50 at your local library or by post from the Green Chain Project Office.
Walk 	Blackheath to Falconwood Ramble via the Thames Path and Green Chain	10.00 – 16.00	Free	Deirdre O'Toole Blackheath Ramblers 020 8319 8593	Blow away the Monday Blues with a brisk water and woodland ramble. Walk from Blackheath via the Heath, Greenwich Park and The Thames Path north to Greenwich, then on the Green Chain to Oxleas Woods and ending at Falconwood Station. Walk of approx. 10 miles over 6 hours. Some slopes, uneven surfaces and muddy paths so not suitable for wheelchairs or buggies. Sensible footwear and rainproof clothing advised. Bring drinks and packed lunch, cafés and toilets at the start, and at the end at Falconwood. Dogs on leads by prior agreement with walk leader.	Meet at 10.00 outside Blackheath Station, Blackheath Village. Rail: Blackheath Buses: 54, 89, 202, 108, 380. Finish: Falconwood Station, Rochester Way Rail: Falconwood Bus: B15 to Eltham High Street or B16 to Eltham Green
Walk and Talk 	A Walk around Horn Park's New Circular Trail in Lee	10.15 – 11.00	Free	Frances Walker Horn Park Friends Via Festival Hotline 07984 186824	Join us for an enjoyable walk and see the autumn tints and wildlife in this lovely park. Circular walk and talk of 45 minutes covering 1.1 miles, suitable for all ages and abilities, from the new Circular Walks Pack. Bring a drink for the walk. Toilets and refreshments will be available at Horn Park Community Centre 10 mins walk away at the end. Dogs on leads ok.	Meet at 10.15 by the children's play area at the Gravestone Road end of Horn Park, Lee. Bus: 160 to Westhome Avenue – alight at the stop just before the traffic lights at Alnwick Road junction (then 5 mins walk) Rail: Lee Station (then 15 mins walk)
Walk and Talk 	Greenwich Park Walk and Talk	10.30 – 12.00	Free	Matthew Wing Active for Health in Greenwich 020 8694 7301	Discover the hidden secrets of Greenwich Park. Aimed at people age 50+ but all welcome on this 1.5 hour circular walk of 2.5 miles. Some slight slopes but suitable for all ages and abilities. Bring a drink, refreshments and toilets available at the Park Café at the start and finish. No dogs please.	Meet at 10.30 at the Blackheath Gate Entrance to Greenwich Park off Charlton Way Rail: Blackheath (15 mins walk) Buses: 53, 54, 202, 380, 386
Walk 	Frank's Park Circular Walk in Upper Belvedere, Bexley	11.00 – 11.30	Free	Lynda Stevens Bexley Care Trust 020 8298 6289	Come on our regular weekly 30 minute circular walk of about 1 mile around Frank's Park, which consists of mature woodland and parkland. Suitable for all ages and abilities but some muddy and uneven paths and steep slopes, so unsuitable for buggies and wheelchairs. No dogs please. Suggest sturdy footwear. Bring a drink. No toilets.	Meet at 11.00 at the Fox House Road entrance to Frank's Park (a small unpaved road off Erith Road near the fire station, and opposite Holmhurst Rd, Belvedere) Bus: 99


TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Tuesday 18 September						
Walk  	Beckenham Place Park Woodland and Riverside Walks	9.45 – 10.45	Free	Michael Corrigan Bromley Health Walkers and Bromley Mytime Active Lifestyles 020 8663 6397	Join with the Bromley Health Walkers on a choice of 3 walks ranging from a longer distance fast walk to a gentle stroll. Enjoy the birds, meadows and other woodland sights and a cup of tea at the Mansion House Café at the end. 45 - 60 minute walks, of 1 to 3 miles for all ages and abilities, but not suitable for wheelchairs and pushchairs. Some slopes and muddy paths if wet. Toilets at the start and finish. Check for dogs.	Meet at 9.45 outside the Mansion Visitor Centre in Beckenham Place Park (car park side) off Beckenham Hill Road Rail: Beckenham Hill Bus 54 to Beckenham Hill Road (stop near Braeside), or buses to Bromley Road (then 15 mins walk)
Walk 	Meadows, Woods and Palaces ~ The Green Chain Walk from Grove Park to Eltham	10.00 – 12.30	Free ~ buy your own lunch at the end!	Mark Budd The SE London Green Chain 020 8921 5876 www.greenchain.com	Stretch your legs! Join Mark the Green Chain Project Officer to take a stroll from Grove Park to Eltham to enjoy the delights of the SE London Green Chain, with ancient woodlands, architectural gems and a royal palace too! Suitable for all ages and abilities, but check suitability for wheelchairs and buggies, as some sections may have steep slopes and muddy paths and not be suitable for the less mobile. Sensible footwear advisable. Walk of 3 miles, up to 2.5 hours. Bring a drink. Toilets in Chinbrook Meadows and at Eltham. Optional pub lunch at the end in Eltham High Street.	Meet at 10.00 at Grove Park Rail Station. Rail: Grove Park Station in Baring Road Buses: 124, 126, 261, 273, 284, 136 Finish: Eltham High Street at the Old Post Office in Passey Place. Buses: 124, 126, 132, 160, 162, 233, 286, 321, 314 Optional pub lunch in the Old Post Office, Passey Place, just off Eltham High Street.
Walk 	Charlton House Ramble with the Greenwich Rangers in Charlton	10.00 – 11.30	Free	John Beckham Greenwich Park Ranger Service 020 8319 4253 www.greenwich.gov.uk	Try out this regular weekday ramble led by the Greenwich Rangers around Charlton Park. Brisk walk of 1.5 hours, 2 - 3 miles, suitable for all ages and abilities. Bring a drink for the walk, refreshments and toilets available at Charlton House Tea Rooms. Why not spend a little time looking round this splendid Jacobean mansion after the ramble – it is open from 9am to 10pm Monday – Friday.	Meet at 10.00 on the rear lawn of Charlton House, Charlton Road / The Village, Charlton. Rail: Charlton (15 mins walk uphill) Buses: 53, 54, 380, 422, 486 to Charlton Village
Walk 	Woolwich Riverside Walk	10.30 – 11.45	Free	Matthew Wing Active for Health in Greenwich 020 8694 7301	Enjoy a riverside walk and see different aspects of the River Thames, from its industrial heritage to its 21 st century renaissance. Circular walk of 1.25 hours, approx 2 miles for all ages and abilities but some busy roads to cross. Bring a drink, toilets available at the start and finish. Dogs on leads permitted.	Meet at 10.30 at the Heritage Centre, Artillery Square, Royal Arsenal Woolwich SE18. Rail: Woolwich Arsenal Buses: 51, 53, 54, 96, 99, 122, 161, 177, 180, 244, 291, 380, 422, 469, 472



TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Tuesday 18 September cont.						
Walk 	Crossness Health Walk	19.00 – 21.00	Free	Karen Sutton Thames Water 020 8507 4889	Come on this pleasant evening circular walk through Erith Marshes encompassing Thames Water's recently enhanced Crossness Southern Marshes Nature Reserve and part of the Thames Riverside Walk. A good way to keep fit while enjoying the local wildlife on this 2 hour walk of up to 2.5 miles/4km. Suitable for all ages and abilities but one busy road to cross, some steep slopes, muddy surfaces and kissing gates. Bring a drink for the walk, and wear comfortable walking shoes. Toilets available off route if required. Dogs on leads permitted.	Meet at 19.00 at Southmere Lake/Lakeside Complex Car Park off Belvedere Road, Abbey Wood SE2. Rail: Abbey Wood Station, then 180 bus to Harrow Manor Way. Alight at 'The Bargepole' bus stop, walk up Harrow Manor Way and down Belvedere Road to the Lakeside Complex. Buses: 177, 180, 229, 244, 401, B11 nearby
Wednesday 19 September						
Walk and Campaign 	Walk to Work Wednesday using the Green Chain	All Day	Free leaflets and advice on Travel Plans.	Sarah Cummings SELTRANS 020 8461 7918	Walk In to Work Out – Become an active commuter and walk part or all of the way on your journey to work. Walking to work is a great way to fit in your 30 minutes of exercise a day. The Green Chain has many sign-posted routes and links that can be an alternative and attractive route to walk or cycle to your place of work.	See 'Explore the Green Chain' or check out www.greenchain.com Talk to your employers about organising a regular Walk to Work Day. Contact Sarah at SELTRANS for advice on setting up a company travel plan to promote walking and cycling to work (see info on centre pages).
Walk 	Park and Woodland Walk in Forster Memorial Park, Whitefoot Lane SE6	07.00 – 07.45	Free	Elsa Pascal Lewisham Healthy Walks 020 8697 1587	An early morning walk before work through the Park and Woodlands for people of all abilities ~ a gentle, social activity that makes you feel good. 45 minute circular walk of up to 1.5 miles. Toilets at the start and in the park. Bring a drink for the walk.	Meet at 07.00 at the Goldsmiths Community Centre, Castillon Road, SE6 Bus: 124 to Castillon Road
Walk 	Lesnes Abbey Walk in Abbey Wood	10.30 – 11.30	Free	Matthew Wing Active for Health in Greenwich 020 8694 7301	Enjoy a circular woodland and heath walk and admire the fantastic views over the Thames Valley from Lesnes Abbey. Walk of 2 miles over 1 hour suitable for all ages and abilities but some muddy paths likely if wet. Targeted for age 50+ but all welcome. Sturdy shoes advised, bring a drink for the walk. Toilets available nearby at Lesnes Abbey Ruins Information Centre. No dogs please.	Meet at 10.30 at the entrance in The View, off Woolwich Road, Abbey Wood Rail: Abbey Wood Buses: 99, B11 from Abbey Wood Station
Walk and Talk 	Charlton Park Walk and Tree Planting in Charlton	11.00 – 12.30	Free	Valerie Petrie Friends of Charlton Park Via Festival Hotline 07984 186824	Join with the Friends of Charlton Park for an informative walk and talk round Charlton Park and tree planting by pupils of Charlton Manor School. Circular walk of 1 hour, up to 1 mile, level route suitable for all ages and abilities. Bring a drink, refreshments and toilets available at Charlton House. Dogs on leads permitted.	Meet at 11.00 on the rear lawn of Charlton House, Charlton Road / The Village, Charlton. Rail: Charlton (15 mins walk uphill) Buses: 53, 54, 380, 422, 486 to Charlton Village.




TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Wednesday 19 September cont.						
Walk 	Oxleas Lunchtime Walk in Shooters Hill	12.30 – 13.30	Free	Steve Wilson/Mark Budd Greenwich Council 020 8921 5028	Come on this circular lunchtime walk on the Green Chain through ancient woodland, urban farmland and once privately owned estates, now all publicly accessible. Brisk 1 hour walk of up to 3 miles with some muddy paths, steep slopes and gates so not suitable for wheelchairs and buggies. Sturdy footwear advised, bring a drink, toilets at the start & finish, plus refreshments at the Café at the end.	Meet at 12.30 at the Café in Oxleas Meadows off Shooters Hill via Crown Woods. Buses: 89, 244, 486 to Bull PH in Shooters Hill, or B16 to Rochester Way, then walk. Rail: Falconwood (15 mins walk)
Walk 	Maryon Wilson Animal Park Walk in Charlton	13.30 – 14.30	Free	John Beckham Greenwich Park Ranger Service 020 8319 4253 www.greenwich.gov.uk	Meet up with the Greenwich Park Rangers for a free tour of the Animal Park. Part of the former Maryon Wilson family estate, this beautifully landscaped park contains both informal open grassland and woodlands - all in a valley setting. In the Animal Park you can hold, touch or just look at the many small animals we have, and feed the deer, goats, sheep and wildfowl. Suitable for all ages and abilities, and especially for young children. Accessible for wheelchairs and buggies. Bring a drink, no toilets in the park.	Meet at 13.30 at Maryon Wilson Park, Staff Compound near the Flamsteed Road Entrance, Charlton SE7 Buses: 53, 54, 380, 422, 486
Walk and Talk 	A Guided Appreciation of Oxleas Woodlands, in Shooters Hill	14.00 – 16.00	Free	Laurie Baker Shooters Hill Woodlands Working Party Rangers Office 020 8319 4253	Oxleas Woodlands is a large area in Greenwich that in the past has seen a campaign to save them from becoming an urban motorway. The walk will follow the line of the proposed road and look at the conservation work that continues since the blight was removed. The glory of the woods wildlife will be on show on this 2 hour, 3 mile circular walk and talk. Some slopes and muddy paths, suitable for all ages, sturdy footwear suggested, not likely to be fully accessible for wheelchairs and buggies. Dogs on leads permitted. Toilets and refreshments are available at the Café at the start / end of the walk.	Meet at 14.00 at the Café in Oxleas Meadows off Shooters Hill via Crown Woods. Buses: 89, 244, 486 to Bull PH in Shooters Hill, or B16 to Rochester Way, then walk. Rail: Falconwood (15 mins walk)
Talk 	Talk The Walk in Woolwich	19.00 – 20.00	Free	Frances Ward Greenwich Heritage Centre 020 8854 2452	Find out hidden secrets of the Green Chain at this fascinating free talk by local history expert Frances Ward of the Greenwich Heritage Centre on places of historical interest on the Green Chain Walk. For adults and children aged 8 years and older. Bring a drink, toilet facilities available in the Centre. Places are limited for this extremely popular event, so please BOOK IN ADVANCE on 020 8854 2452	Come along at 19.00 to the Greenwich Heritage Centre, Royal Arsenal, Woolwich SE18 4DX. Rail: Woolwich Arsenal Station Buses: 53, 96, 161, 472, 422, 54, 180, 380






TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Thursday 20 September						
Walk and Activity 	Greenwich Peninsula Ecology Park	10.00 – 17.00	Free Donation welcome	Joanne Smith TRUE BTCV (Trust for Urban Ecology) 020 8293 1904	Walk on the Thames Path from the Green Chain and the Thames Barrier to visit the Greenwich Peninsula Ecology Park and discover the wide range of things on offer at this superb riverside venue. This 4 acre nature park has 2 lakes, marsh, meadows, and a small area of woodland, plus an Information Centre, 2 bird hides and a network of wooden boardwalks around the site, with excellent disabled access and the all important toilet facility. Special drop in activities for children include a topical quiz trail and colouring activities.	Greenwich Peninsula Ecology Park Thames Path, John Harrison Way London SE10 0QZ Open Wednesdays to Sundays from 10.00 to 17.00 but closed to the public on Mondays and Tuesdays for School Visits. Rail: North Greenwich Jubilee Line Station Buses: 108, 161, 188, 422, 472, 486
Walk 	Stroll Around Grove Park Nature Reserve in Grove Park	10.15 – 10.45	Free	Jenny Budd Lewisham Healthy Walks 020 7188 2838	Try out one of the shorter walks in the new Green Chain Circular Walks Pack with Jenny Budd, the Lewisham Healthy Walks Co-ordinator. Find out all about this hidden gem tucked away off Baring Road on the Green Chain Walk, and enjoy this peaceful space rich with wildlife. Sensible footwear advised for this 30 minute, one mile walk. Bring a drink, toilet facilities available at Grove Park Station. Some muddy paths and slopes, not likely to be suitable for buggies and wheelchairs. Dogs on leads permitted.	Meet at 10.15 at the bus Stop in Baring Road near Baring Close SE12. Rail: Grove Park (10 mins walk) Buses: 261 to Baring Road, or 124, 126, 136, 273, 284 to Grove Park Station then walk. Collect your FREE copy of the Circular Walks Pack on this walk.
Walk 	Oxleas Woods Ramble in Shooters Hill	10.00 – 11.30	Free	John Beckham Greenwich Park Ranger Service 020 8319 4253 www.greenwich.gov.uk	Meet up with the Greenwich Park Rangers for a brisk weekday ramble in Oxleas Woods every Thursday morning. Suitable for all ages and abilities but may be some muddy paths and slopes so not likely to be suitable for wheelchairs or buggies. Stout footwear advisable. 1.5 hour circular walk of 2-3 miles on varied routes that will link in with the next event at Woodlands Farm. Refreshments and toilets available at Oxleas Café. Dogs on leads ok.	Meet at 10.00 at the Café at Oxleas Meadows at the end of Crown Woods, off Shooters Hill Buses: 89, 244, 486 to Bull PH in Shooters Hill, or B16 to Rochester Way, then walk. Rail: Falconwood (15 mins walk)
Walk 	A Walk around Woodlands Farm on Shooters Hill	10.40 – 11.40	Free Donation welcome	Dave Smith The Woodlands Farm Trust 020 8319 8900 www.thewoodlandsfarmtrust.org	You can continue from the 10.00 Oxleas Woods Ramble, walk a section of the Green Chain path or start at Woodlands Farm for a guided walk through the largest community farm in London. Circular walk of 1 hour, 2 miles, some stiles, muddy paths, steps and gates so not suitable for buggies or wheelchairs. Bring a drink, refreshments and toilets are available at the Farm at the start and finish of the walk. Dogs on leads permitted.	Meet at 10.40 at the Entrance to Woodlands Farm 331 Shooters Hill DA16 3RP Bus 89 from Lewisham or Slade Green stops outside the Farm at Shooters Hill, or 486 from North Greenwich or Bexleyheath. Rail: Welling (then walk)







TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Thursday 20 September cont.						
Walk and Talk 	Secret Penge ~ History and Local Interest Walk	10.20 – 12.30	Free	Janet Digby London Footprints 020 8650 6673 see www.london-footprints.co.uk for other walks devised by Janet	How much do you know about Penge? Join Janet for a local interest walk taking in the new Cator Park Circular Walk and find out about the buildings and open spaces on this part of the Green Chain. Linear 2 hour walk and talk of 3 – 4 miles, for all ages and abilities, some busy roads to cross. Bring a drink for the walk, toilets and refreshments at the end at Crystal Palace. Dogs on leads permitted.	Meet at 10.20 for a 10.30 start outside New Beckenham Rail Station. Rail: New Beckenham Bus: 352 in Park Road / Lawn Road, 54, 354 in Southend Road or 356 in Lennard Rd and then walk. Finish: Crystal Palace Park Rail: Penge West Buses: 176, 197, 227, 354.
Walk and Talk 	Lesnes Abbey Woods and Heathland Walk in Abbey Wood	10.30 – 11.30	Free	Lynda Stevens Bexley Care Trust 020 8298 6289	Join this regular weekday circular walk following woodland paths and tracks around Lesnes Abbey Woods and Heathland and discover the ups and downs of this fascinating area. Walk of 2-3 miles up to 1 hour, some muddy or uneven surfaces and steep slopes so not suitable for buggies or wheelchairs and sensible footwear advised. Bring a drink, toilets available at the start and end at the Information Centre. No dogs please.	Meet at 10.30 at the Lesnes Abbey Ruins Information Centre, off Abbey Road or New Road, Abbey Wood Rail: Abbey Wood Buses: B11 to New Road or 229, 469 to Abbey Road.
Walk 	Beckenham Place Park Circular Stroll	11.30 – 12.30	Free	Jenny Budd Lewisham Healthy Walks 020 7188 2838	Enjoy the varied areas of Beckenham Place Park during this stroll using the new Green Chain Circular Walks Pack and discover its ancient woodlands, meadows, ponds and riverside. Circular walk of 1.7 miles, 1 hour, for all ages but with some muddy and uneven paths, steep slopes, loose gravel and kissing gates, so not suitable for buggies or wheelchairs. Sturdy footwear advised, bring a drink for the walk, refreshments and toilets available at the Mansion House Café. Dogs on leads permitted.	Meet at 11.30 outside the Mansion House Portico in Beckenham Place Park (car park side) off Beckenham Hill Road Rail: Beckenham Hill Station Bus 54 to Beckenham Hill Road (stop near Braeside), or buses to Bromley Road (then 15 mins walk) Collect your FREE copy of the Circular Walks Pack on this walk.
Walk and Talk 	Greenwich Environmental Curriculum Centre Tour in Eltham	16.00 – 18.00	Free	Lucy Nettleton Greenwich Environmental Curriculum Centre 020 8850 2615	Find out about the Greenwich Environmental Curriculum Centre on this 2 hour walk and talk around this 9 acre site plus Forest School. See the exciting variety of wildlife habitats such as ponds, meadows, woodlands, hedgerows as well as an orchard, beehives, farm animals, three well stocked greenhouses and an organic vegetable garden. Suitable for all ages and abilities, the site is mostly wheelchair accessible. Bring a drink for the walk. Toilets available at the Centre. No dogs please.	Meet at 16.00 at the picnic tables near the car park - go through the main gates, walk down the drive and turn right, and the picnic tables are behind the ducks at the Environmental Curriculum Centre at 77 Bexley Road, Eltham SE9 2PE. Buses: 132, 286 in Bexley Rd, or 162, B15 nearby. Rail: Falconwood or Eltham (then walk)






TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Friday 21 September						
Walk 	Beckenham Place Park Nature Walk	10.00 – 12.00	Free	Jess Rushton Lewisham Borough Council 020 8314 2119	Walk a beautiful section of the Green Chain through Beckenham Place Park with Jess Rushton, Lewisham's Conservation Officer, and find out about the wildlife and ecology of this superb and varied park. Circular walk and talk of 2 hours over 2.5 miles, some muddy and uneven paths, not likely to be suitable for buggies and wheelchairs if wet. Sensible footwear advised, refreshments and toilets available at the Mansion café at the start and finish, bring a drink for the walk. Dogs on leads ok.	Meet at 10.00 outside the Mansion House (Portico side) in Beckenham Place Park (follow the paths from the bus stops in Beckenham Hill Road entrances to the House) Rail: Beckenham Hill Buses: 54 in Beckenham Hill Road or others nearby in Bromley Road (15 mins walk)
Walk 	Bostall Heath Ramble in Abbey Wood	10.00 – 11.30	Free	John Beckham Greenwich Park Ranger Service 020 8319 4253 www.greenwich.gov.uk	Stretch your legs on the Bostall Heath ramble led every week by the Greenwich Park Rangers. 1.5 hour brisk walk of 2 – 3 miles, suitable for all ages and abilities but may be some uneven surfaces and muddy paths. Bring a drink for the walk, toilets and refreshments available at the end at the Greenwich & Bexley Hospice Cafe. Dogs on leads permitted.	Meet at 10.00 at the Bowling Green Pavilion in Bostall Hill by Longleigh Lane Buses: 99 to Bostall Hill or B11 to Longleigh Lane / Lodge Hill junction
Walk and Talk and Activity   	Walking in the South East (W.I.S.E) Joint Walk at Crystal Palace Park	11.00 – 15.00	Free	Matthew Wing Active for Health in Greenwich 020 8694 7301 Sarah McMeckhan Bromley Mytime Active Lifestyles 020 8323 1705 Bromley Health Walkers Michael Corrigan 020 8663 6397 Jenny Budd Lewisham Healthy Walks 020 7188 2838 Lynda Stevens Bexley Care Trust 020 8298 6289	Meet up with walkers from other boroughs for the WISE (Walking in the South East) Walk at Crystal Palace Park. The morning has 3 grades of walk which range from a short flat beginners' walk through to a more challenging longer advanced walk with some slopes, so there is something for everyone. Free raffle and walk information! Walks of 1 to 3 miles lasting 45 mins to 1 hour. Whatever your walking experience, we will find a walk that suits you so bring your picnic and comfortable walking shoes. There is also a café at Crystal Palace Park serving refreshments. Toilets are available in the Park After lunch, round off the day with an interest walk giving a tour around the park and find out about the origins and history of this splendid London landmark. This event is a good chance to catch up with old acquaintances for those who have been before, and to make new ones for those who have not. Suitable for wheelchairs and pushchairs. Dogs on leads permitted.	Meet at 11.00 outside the Information Centre in Crystal Palace Park near the Penge Entrance off Thicket Road and Crystal Palace Park Road. Rail: Rail: Penge West, or Crystal Palace or Anerley Stations (5-10 minutes walk) Buses: 176, 197, 227, 354, 157, 410, 358, 450, 122, 202, 363, 432, 417, 249 or any to Crystal Palace Parade then walk to meeting point. If you are unsure how to get to the venue please call your borough co-ordinator or one of the contacts listed. Supported by the London Development Agency







TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Saturday 22 September						
Walk and Talk 	Ian's Crystal Palace to Erith Riverside Green Chain 30th Anniversary Mega Walk	09.30 – 17.30	Free	Ian Bull 020 7223 3572 07799 810178	<p>Join Ian for this challenging walk over the Green Chain's longest route with many steep ascents. The flat playing fields of Sydenham give way to the heathland and densely wooded heights of the North Downs as we pass through a splendid diversity of landscapes both urban and rural.</p> <p>This walk celebrates the 30th Anniversary of the inauguration of the SE London Green Chain, and features spectacular views over the lower Thames towards the estuary and one of SE London's lesser known delights, Plumstead Common.</p> <p>EIGHT HOUR WALK of 21 MILES with muddy paths, steps, steep slopes, gates, width restrictions and busy roads to cross, plus ascents totalling over 500ft on steeply inclined paths that are often slippery.</p> <p>Stout waterproof footwear and double lined socks recommended to prevent blisters. Bring drinks and lunch – shops on route to restock until Plumstead Common at 16 miles, then nothing till end at Erith. Public toilets at the start, at three points on the walk, (Beckenham Place Park, Oxleas Woods, Lesnes Abbey) and at the end at Erith.</p> <p>This is a long and strenuous walk that some might find arduous, and is very steep in its final six miles. For over 14s only, not suitable for pushchairs or wheelchairs. Dogs on leads permitted.</p>	<p>Meet at 9.30 at the bus terminal at the south end of Crystal Palace Parade outside the small building that houses the Bus Information Centre and the Public Conveniences.</p> <p>Buses: 3, 122, 157, 202, 227, 249, 322, 358, 363, 410, 417, 432, 450 to Crystal Palace.</p> <p>Rail: Crystal Palace (Southern Railway)</p> <p>Finish: Erith Riverside</p> <p>Buses: 99, 229, 428, 469, B12</p> <p>Rail: Erith Station (Southeastern Railway)</p> <p>NB The Walk Leader has an excellent knowledge of the area and, if you want to finish early, will direct you to suitable public transport links.</p>
Activity 	Walk to Maritime Greenwich Car Free Day to celebrate European 'In Town Without My Car' Day	10.00 – 16.00	Free	Greenwich Tourist Information Centre 0870 608 2000 www.greenwichwhs.org.uk/ Mark Budd The SE London Green Chain 020 8921 5876	<p>Walk from the Green Chain to enjoy Greenwich without the cars! For an afternoon traffic will be banned and the streets taken over by musicians, street performers, carnival parades and delicious food stalls.</p> <p>Go along to College Approach, Cutty Sark Gardens and King William Walk (north) for a great family day out. You can soak up the sights of this beautiful World Heritage Site whilst enjoying all the free activities and performances. Collect free walking info from Mark at the Green Chain Project Stall.</p>	<p>College Approach, King William Walk, Cutty Sark Gardens, Greenwich</p> <p>Rail/DLR: Cutty Sark (DLR), Greenwich (rail)</p> <p>Buses: 177, 180, 188, 189, 199, 286, 386</p>

TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Saturday 22 September cont.						
Activity 	Schools Green Chain Arts Project Display at Greenwich Car Free Day	10.00 – 16.00	Free	Catherine Boyd Emergency Exit Arts 020 8853 4809	Come along and admire the creations made by local schools for the Green Chain Schools Arts Project, soak up the superb views of maritime Greenwich, and join in with free craft activities with Emergency Exit Arts as part of the Green Chain Walking Festival 2007. Look out for free Festival t-shirts, step counters, maps and walking information from the Green Chain Project Stall, and get a free copy of the new Circular Walks Pack.	College Approach, King William Walk, Cutty Sark Gardens, Greenwich Rail/DLR: Cutty Sark (DLR), Greenwich (rail) Buses: 177, 180, 188, 189, 199, 286, 386
Walk 	An Introduction to Nordic Walking in Maryon Wilson Park in Charlton	10.30 – 11.30	£5 incl. pole hire	Kati Salmon For Friends of Maryon and Maryon Wilson Parks 07903 246347	Try out this enhanced form of walking with the support of poles, a bit like cross country skiing but without the skis! Suitable for all ages of people who can walk, with great benefits of improving and maintaining general health and fitness. Nordic Walking is also a great activity for people who are recovering from illness or rehabilitation after treatment or surgery. Registration and a routine health questionnaire will need to be completed by participants before the start of the walk. Walk of 1 hour on varied terrain including some slopes and uneven paths. All equipment provided. Bring a drink for the walk, no toilets or refreshments on site. No dogs please.	Meet at 10.30 (or 10.00 if not pre-registered) outside the Staff Yard, Maryon Wilson Park, Flamsteed Road, Charlton SE7 Rail: Charlton or Woolwich Dockyard (then walk) Buses: 53, 54, 380, 422, 486 LIMITED TO 12 PARTICIPANTS Please pre-register by e-mail or text to Kati or ring her for further info.
Walk 	Green Chain Plus: What Lies Beyond Crystal Palace?	10.30 – 12.30		John Cordner London Borough of Southwark 020 7525 0877	Pick up from the end of the Green Chain Walk at Crystal Palace and explore part of the route of the proposed Green Chain extension. Follow the abandoned High Level Railway Line through Sydenham Hill Woods to the recently refurbished Dulwich Park on this 2 hour linear walk of approx. 5km/3 miles. For all ages but with some busy roads, muddy and uneven paths, steps, slopes and gates, so not suitable for buggies or wheelchairs. Good walking shoes advised. Bring a drink for the walk, toilets and refreshments available at the start in Crystal Palace Park and at the end at Dulwich Park, plus toilets midway off route at Horniman Gardens. Dogs on leads permitted.	Meet at 10.30 at the Station Gate entrance to Crystal Palace Park north side of Crystal Palace Station. Rail: Crystal Palace Station Buses: 3, 122, 157, 202, 227, 249, 322, 358, 363, 410, 417, 432, 450. Finish at Dulwich Park Buses: P4, 176, 185, 312, 12, 40, P13 Rail: West Dulwich (10 mins walk)

TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Saturday 22 September cont.						
Walk and Talk 	Natural Born Winners ~ QWAG Chinbrook to Sutcliffe Park Walk	10.45 – 13.30	Free	Ray Manchester Quaggy Waterways Action Group (QWAG) 020 8318 5566 www.qwag.org.uk	Since the River Qwaggy was restored in Chinbrook Meadows and Sutcliffe Park these two parks have won a steady stream of accolades. Learn how QWAG proposed and championed their superb transformation on a 3 mile walk and talk between the two, via the Green Chain and Middle Park Farm, once home to a string of winners itself. Walk of 2.5 hours, with some busy roads and muddy paths. Stout footwear recommended, not suitable for buggies and wheelchairs, accompanied children only, dogs on leads permitted. Bring a drink for the walk, refreshments and accessible toilets available at the start, plus toilets at the end.	Meet at 10.45 at the Chinbrook Meadows Pavilion by the Amblecote Road entrance off Chinbrook Road SE12. Rail: Grove Park (10 mins walk) Buses: 124, 126, 273 to Chinbrook Road, or 136, 181, 261 to Grove Park (10 mins walk) Finish at Sutcliffe Park (Kidbrooke Park Road entrance) Rail: Kidbrooke (10 mins walk) Buses: 122, 321 in Eltham Road, or 178, B16 in Kidbrooke Park Road.
Walk and Talk  	The Future of Crystal Palace Park	13.00 – 14.30	Free	Munish Chopra Crystal Palace Park Consultation Team 020 7357 6894 Supported by the London Development Agency	Come on a walkabout with the master-planning team and find out about the plans for the future of Crystal Palace Park. Walk and talk of 1.5 hours over 1 mile, suitable for all ages and abilities, but some slopes likely. Bring a drink for the walk, toilets and refreshments available from the Café at the Information Centre at the start and finish. No unaccompanied juniors. Dogs on leads permitted.	Meet at 13.00 outside the Information Centre in Crystal Palace Park near the Penge Entrance off Thicket Road and Crystal Palace Park Road. Rail: Penge West, or Crystal Palace or Anerley Stations (5-10 minutes walk) Buses: 176, 197, 227, 354, 157, 358 or any to Crystal Palace Parade then walk to meeting point.
Walk and Talk 	Heritage Walk and Talk around the ruins of Lesnes Abbey in Abbey Wood	14.00 – 15.30	Free	Frances Ward Greenwich Heritage Centre 020 8854 2452	Discover the stories, fact and fiction, that surround the Abbey on this circular 1.5 hour heritage walk of 2 - 3 miles with our incredibly knowledgeable local historian Frances Ward of the Greenwich Heritage Centre. Stout footwear advised. Suitable for all ages and abilities, but some slopes, steps and possibly muddy paths. Bring a drink for the walk. Toilet facilities are available at the Abbey Ruins Information Centre. Dogs on leads permitted.	Meet at 14.00 at the Lesnes Abbey Information Centre, at the Abbey Ruins. Access via the west end of Abbey Road SE2 or from New Road. Rail: Abbey Wood Buses: 229, 469 to Abbey Road or B11 to New Road.
Walk and Talk 	Small Group, Big Ideas ~ Biodiversity and Bats in Eaglesfield Park in Shooters Hill	14.30 – 15.30	Free ~ donation to Friends Group welcome	Michelle Smith Friends of Eaglesfield Park Festival Hotline 07984 186824	Be in at the start of our pond restoration project! Find out from Ken Greenway how it will affect our bat population and biodiversity; hear about Friends of Eaglesfield Park's partnership with Groundwork, and just enjoy the superb views over Kent. Circular walk and talk of 1 hour, under 1 mile, for all ages and abilities, some shallow steps. Bring a drink, toilets at Oxleas Café 340m away. Dogs on leads welcomed with pooper scooper.	Meet at 14.30 at the disabled access entry to Eaglesfield Park on the corner of Foxcroft Rd and Cleanthus Rd. Buses: 486, 89 or 244 direct to Shooters Hill stop near the Bull PH, or 386, 161, 122 nearby to Shooters Hill Police Station, then walk.

TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Saturday 22 September cont.						
Walk and Talk  	Ecology and Environment in Crystal Palace Park	15.00 -16.30	Free	Munish Chopra Crystal Palace Park Consultation Team 020 7357 6894 Supported by the London Development Agency	Join this walkabout with the Ecology Consultants and find out how the wildlife in the park is being incorporated into the plans for the future of Crystal Palace Park. Walk and talk of up to 1.5 hours over 1 mile, suitable for all ages but some slopes likely. Bring a drink for the walk, toilets and refreshments available from the Café at the Information Centre at the start and finish. No unaccompanied juniors. Dogs on leads permitted.	Meet at 15.00 outside the Information Centre in Crystal Palace Park near the Penge Entrance off Thicket Road and Crystal Palace Park Road. Rail: Penge West, or Crystal Palace or Anerley Stations (5-10 minutes walk) Buses: 176, 197, 227, 354, 157, 358 or any to Crystal Palace Parade then walk to meeting point.
Sunday 23 September						
Walk 	Walk to Worship Sunday	All day	Free	Festival Hotline 07984 186824	Leave your car at home, walk with friends and family to your place of worship this Sunday, and think how your church can incorporate walking into its Sunday Services.	Look for information in your church or contact us for ideas. Pick up information on parks and open spaces from your local library.
Walk  	Active Bromley Walkathon at Elmstead Woods	10.00 – 15.00	Free	Sarah McMeckhan Bromley Mytime Active Lifestyles 020 8323 1705	Come and discover the delights of Elmstead Woods as part of Active Bromley Walkathon. Take a self-guided circular walk through the woods, discover the different woodland structures and experience peace and quiet away from the hustle and bustle of London. Suitable for all ages and abilities but some muddy and uneven paths, plus steps and slopes in places. Trail of 1.25 miles taking 1 hour, stout footwear advisable. Supervised dogs on leads permitted. Bring a drink for the walk, toilet facilities available at Elmstead Woods Station.	Just turn up any time between 10.00 and 15.00 at the entrance to Elmstead Woods off Elmstead Lane. Rail: Elmstead Woods Station Buses: 314 stops at Elmstead Lane – alight at St. Keverne Rd stop.
Walk and Talk 	Chislehurst Commons Local Interest Walk	10.30 – 13.30	Free	Colin Yardley Trustees and Friends of Chislehurst Commons Via Festival Hotline 07984 186824	Find out about the history of Chislehurst Commons and the management of this part of one of the largest 'green lungs' in Greater London on this informative circular walk on the southern end of the Green Chain. Walk of 5 miles, 3 hours, suitable for all ages and abilities but with some busy roads to cross and muddy paths. Bring a drink for the walk, toilets and refreshments available from 2 public houses on route. Dogs on leads permitted. <i>Still keen? Pop along to nearby Elmstead Woods for the Active Bromley Walk-a-thon self-guided trail!</i>	Meet at 10.30 on the Common at Kemnal Road between the junctions with Bromley Lane and Ashfield Lane. Rail: Chislehurst Station (15 mins walk or bus 162 or 269 to War Memorial) Buses: 61, 160, 161, 162, 269, 273 to Chislehurst War Memorial at the junction of Bromley Road / Bromley Lane / High Street and St. Paul's Cray Road crossroads.

TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Sunday 23 September cont.						
Walk and Talk 	Plumstead Common Walk	11.00 – 12.00	Free	Nick Day Plumstead Common Environment Group (PCEG) via Festival Hotline 07984 186824	Join The Plumstead Common Environment Group for a walk around the common which was won for the people in the famous 19 th century "Plumstead Common Riot". Discover the hidden delights of the Green Pennant Award winning Slade Ponds, the Saxon burial mound and the conservation area that surrounds this oasis of peace and haven for wildlife Walk and talk of up to one hour, one mile, suitable for all ages, with some steps and slopes. Bring a drink, public toilet available at The Slade. Dogs on leads permitted.	Meet at 11.00 opposite the Co-op Building (The Links) on Plumstead Common Road, Plumstead SE18 Rail: Plumstead (10 mins) Buses: 51, 53, 291 Finish: Winn's Common adjacent to King's Highway, Plumstead. Bus: 51
Walk 	First Day of Autumn Walk in Shrewsbury Park , in Plumstead	12.00 – 13.00	Free	Kathy Smith Friends of Shrewsbury Park via Festival Hotline 07984 186824	Enjoy the first day of Autumn by walking the Green Chain trail through Shrewsbury Park, and then through the woods ~ and hoping to catch sight of the 3 species of Woodpecker resident here. Circular walk of 1 hour, 2 miles, suitable for all ages but with some steep slopes so not suitable for people with poor mobility, buggies or wheelchairs. Bring a drink, no toilets or refreshments available on site. Dogs on leads permitted.	Meet at 12 noon in Shrewsbury Park car park, Plum Lane, Plumstead SE18 Bus: 244 to Shrewsbury Lane / Plum Lane junction, then 5 mins walk, or buses 51, 53 to Plumstead Common Road then 10 mins walk up Plum Lane.
Walk and Talk  	Paxton's Legacy ~ A Park for the People in Crystal Palace Park	13.00 – 14.30	Free	Munish Chopra Crystal Palace Park Consultation Team 020 7357 6894 Supported by the London Development Agency	Come on a walkabout with local historians to discover the historic side of Crystal Palace. Walk and talk of up to 1.5 hours over 1 mile, suitable for all ages but some slopes likely. Bring a drink for the walk, toilets and refreshments available from the Café at the Information Centre at the start and finish. No unaccompanied juniors. Dogs on leads permitted.	Meet at 13.00 outside the Information Centre in Crystal Palace Park near the Penge Entrance off Thicket Road and Crystal Palace Park Road. Rail: Penge West, or Crystal Palace or Anerley Stations (5-10 minutes walk) Buses: 176, 197, 227, 354, 157, 358 or any to Crystal Palace Parade then walk.
Walk and Activity 	A Photographic Walk in Beckenham Place Park	14.00 – 16.00	Free ~ donation to Friends welcome	Margaret Mitchell The Friends of Beckenham Place Park 020 8325 8781	A walk along the Green Chain to capture this beautiful park on film... or memory card! Scenic views, woodlands, fields, the river, eighteenth century buildings, golfers ~ something to inspire everyone! Approx. 2 – 3 miles, up to 2 hours. Some steep slopes, gates and muddy paths if wet. Stout footwear suggested. Don't forget your camera! Refreshments and drinks available from the Café in the Mansion. Suitable for all ages. Children under 11 should be accompanied by a parent/guardian. Toilets at the start and end of the walk. Bring a drink for the walk. Dogs on leads permitted.	Start at 14.00 from the Portico steps of the Mansion House in Beckenham Place Park. Rail: Beckenham Hill Station Bus: 54 from Woolwich, Blackheath, Catford, Lewisham, and Beckenham to Beckenham Hill Road, or buses in Bromley Road from Bromley, Catford, Lewisham, Grove Park (15 mins walk) May not all be suitable for pushchairs or wheelchairs – check with contact if wet. Pop into the Friends Visitor Centre too!

TYPE	EVENT	TIME	PRICE	CONTACT	DETAILS	LOCATION
Sunday 23 September cont.						
Walk and Talk  	Paxton's Legacy ~ A Park for the People in Crystal Palace Park	15.00 – 16.30	Free	Munish Chopra Crystal Palace Park Consultation Team 020 7357 6894 Supported by the London Development Agency	Another chance to come on a walkabout with local historians to discover the historic side of Crystal Palace. Walk and talk of up to 1.5 hours over 1 mile, suitable for all ages but some slopes likely. Bring a drink for the walk, toilets and refreshments available from the Café at the Information Centre at the start and finish. No unaccompanied juniors. Dogs on leads permitted.	Meet at 15.00 outside the Information Centre in Crystal Palace Park near the Penge Entrance off Thicket Road and Crystal Palace Park Road. Rail: Penge West, or Crystal Palace or Anerley Stations (5-10 minutes walk) Buses: 176, 197, 227, 354, 157, 358 or any to Crystal Palace Parade then walk to meeting point.
Walk, Talk and Activity 	Discover 'The Railway Children' in Eltham	15.00 – 16.15	Free	Marion Kennett The Edith Nesbit Society Via Festival Hotline 07984 186824	Another chance to discover the home of 'The Railway Children' and hear about the author Edith Nesbit on this circular walk. Cross the moat via a medieval bridge, visit the 16 th century walled garden and delight in the many hidden treasures of this oasis set in the heart of suburbia. A level, easy walk and talk of under one mile lasting 1.25 hours, and suitable for all ages and abilities. Bring a drink, or refreshments available to buy nearby. Accessible toilets available in the Pleasance and Tudor Barn restaurant. No dogs.	Meet at 15.00 under the railway bridge next to the florist near Eltham Station in Well Hall Road. Buses: 132, 162, 233, and 314 terminate at Eltham Station, or 161 and 286 in Well Hall Rd Rail: Eltham Station
Walk 	Do The ChizCrawl! ~ The Festival Finale Pub Walk in Chislehurst	18.00 – 22.30	Free ~ buy your own drinks!	Sue Webber 07984 186824	Come on a gentle "crawl" to celebrate the end of the 2007 Festival and visit 3 or 4 pubs near the Green Chain in Chislehurst serving real ale (and non-alcoholic drinks) including The Crown, The Bulls Head, The Tiger's Head and finishing at The Ramblers Rest. Over 18s only. Venues should have accessible toilets. 3 mile walk, up to 4 hours, some roads, woodland and uneven footpaths. No dogs please.	Meet at 18.00 outside Chislehurst Rail Station in Summer Hill. Rail: Chislehurst Station Buses: 269, 162 Finish: somewhere in Chislehurst... Rail: Chislehurst Station Buses: 61, 160, 161, 162, 269, 273
LATE ENTRY 	Friday 21 September Maryon Park Walk in Charlton	10.00 – 12.00	Free	Richard Abiodun Greenwich Council 020 8921 5895	Join the Derek Cheeseman Focus Group to enjoy the pleasures of Maryon Park. Circular walk of 2 hours, 3 miles or shorter, for all ages and abilities, bring a drink for the walk, toilet facilities available.	Meet at 10.00 at the Main Gate to Maryon Park on Maryon Road, opposite Denmark House. Bus: 380 to Woodland Terrace/Maryon Rd
LATE ENTRY 	Friday 21 September Evening Bat Walk in Chinbrook Meadows in Grove Park	19.00 - 21.00	Free	Lara Al-Jabi Glendale 020 8318 3986	Meet up with Lara from Glendale for an exciting guided Bat Walk in Chinbrook Meadows. Learn more about these fascinating nocturnal mammals and get to use the Bat detectors with Bat expert Ishpi Blatchley. 2.5 hour walk and talk of 1.5 miles for all ages and abilities but no unaccompanied children please. Bring torches, a drink and warm clothing. Toilets available in park. No dogs please.	Meet at 19.00 at the Park Keeper's Office in Chinbrook Meadows, by the Amblecote Road entrance off Chinbrook Road SE12. Rail: Grove Park (10 mins walk) Buses: 124, 126, 273 to Chinbrook Road, or 136, 181, 261 to Grove Park (10 mins walk)